



## Summary of Successful Recipients for Funding for the 2009 Community Development Fund

**Project Name: Games Programs and Collections**

**Organization:** Halifax Public Libraries (Keshen Goodman Public Library)

**Contact:** Sarah Wenning 490-6428

**Summary:** To provide cultural, recreational and entertaining materials and activities to the public. The games, being both educational and recreational in nature, are an important means of supporting literacy skills and will help the library reach beyond its traditional customer base.

**Project Name: Tantallon Drug Awareness**

**Organization:** Tantallon Drug Awareness

**Contact:** Doreen Power 826-2638

**Summary:** To provide an 11 week drug, alcohol, gambling, addiction and crime awareness program to the grade 5-6's so they can be properly informed before entering Jr. High. This program reaches approx. 600 students in the Tantallon schools.

**Project Name: Captain William Spry Social Club**

**Organization:** Seniors Community

**Contact:** Anna Langille 479-2778

**Summary:** To support the Spryfield senior community by giving them an environmentally friendly and sanitary place to gather. To replace existing furniture with new clean furniture which will make this lodge a more inviting and positive experience. Creating an increase in program growth.

**Project Name: Women, Writing and Able**

**Organization:** Independent Living Nova Scotia

**Contact:** Lois Miller 453-0004

**Summary:** To offer women with disabilities the opportunity to experience the potentially emotional healing and empowering effects of self-expression. This project has the potential to enhance the mental and physical health of participating women with disabilities.

**Project Name: Preventive Steps for Seniors Health Care**

**Organization:** Maritime Punjabi Sports & cultural Society

**Contact:** Pyara Randhawa 445-5601

**Summary:** To identify and address physical and mental health concerns facing the senior population through sports, and health related activities. To assist the seniors who are shut-ins and have mobility problems leading to isolation and depression, focusing mainly on preventive health care activities.

**Project Name : Healthy Youth Program**

**Organization:** Captain William Spry Public Library

**Contact:** Troy Myers 490-5792

**Summary:** To provide a Healthy Youth Program. This program would deliver activities in participating in the planning and preparation of providing health snacks. To develop in them healthy living skills, nutritionally sound food choices, good hygiene, grooming, and self esteem development.

**Project Name: Sibling Support Group**

**Organization:** The Laing House Association

**Contact:** Wendy Ackerley 425-9018

**Summary:** To provide a combination of support and education to youth who have a sibling experiencing mental illness. Participants will develop skills so that they may offer support to their sibling, reduce and/or understand possible feelings of resentment, and ensure they are able to practice self care while caring for, and supporting, their sibling.

**Project Name: Helping Hands in St. Margaret's Bay**

**Organization:** St. Luke's United Church

**Contact:** Susan McCowan 826-2523

**Summary:** To help support families in need of assistance, through emotional support, community resources awareness, spiritual, healthy living advice, parenting advice and providing transportation for medical appointments. To lead the way for healthier individuals and families, therefore building stronger, more active, safer and vibrant communities.

**Project Name: Cunard Junior High School Boot Camp**

**Organization:** Cunard Junior High School (PTA)

**Contact:** Denise Parrott 479-4418

**Summary:** To engage students, staff and parents in a boot camp that will improve their mental and physical health through cardiovascular fitness, flexibility and strength. This project will teach students to lead and participate in a boot camp exercise regime.

**Project Name: Healthy Relationships/Sexuality Workshops**

**Organization:** Nova Scotia Down Syndrome Society

**Contact:** Audrey Samson 455-0597

**Summary:** To provide information and direction that these young people need both to establish healthy relationships, and to avoid abusive or exploitive ones. This project will allow them to be better prepared to express and interpret emotions and social signals, and will be supported in setting their own boundaries and respecting those of others.

**Project Name: Creative Kids**

**Organization:** Maritime Sikh Society

**Contact:** Gurinder Dhillon 477-1949

**Summary:** To address the needs for the new immigrant children to assimilate in the Canadian society, as well as provide social and cultural support for newly arrived parents. This will be carried out through an educational program to learn cultural folk dances and music.

**Project Name: Prospect Area Seniors Network**

**Organization:** Resource Opportunities Centre (ROC)

**Contact:** Pauline Andrews 852-3653

**Summary:** To continue to build on the Seniors Network by increasing opportunities and recruiting new members thereby making our rural communities better connected and less isolated for our older residents.

**Project Name: Coffee Talk Community Kitchen**

**Organization:** Danna Nicholson & Lorna Maclsaac with Chebucto Communities Development Association (CCDA)

**Contact:** Lorna Maclsaac 477-7786

**Summary:** Parents of an elementary school who would like to start a community kitchen in their school food lab which is already fully equipped. To learn how to prepare low-cost, nutritious meals for our families.

**Project Name: Cunard Junior High School Yoga Club**

**Organization:** Cunard Junior High School (PTA)

**Contact:** Denise Parrott 479-4418

**Summary:** To provide the students, parents and staff with an activity to become healthier mentally and physical. Enabling participants who are not physically active to integrate fitness activity into their lives through series of workout programmes.

**Project Name: MacIntosh Run Clean Up**

**Organization:** J.L. Ilsley High School (Youth Action Team)

**Contact:** Christine Murchison 479-4612

**Summary:** To provide equipment and materials needed for the students, staff and community members to focus on clean up of the MacIntosh Run. This is a waterway that runs through Spryfield and Herring Cove Rd. This will provide enjoyment and promote community involvement.

**Project Name: Reaching Out: Reaching Students with Mental Healthy Resources**

**Organization:** Five Bridges Junior High SAC

**Contact:** Shelley Radford 876-2026

**Summary:** To enhance the quality and variety of resources available to students and community on the topic of mental illness and related concerns. We want to work towards reducing the stigma associated with mental health and mental illness.

**Project Name: Family Education & Support**

**Organization:** HRM Chapter of Schizophrenia Society of NS

**Contact:** Donna Methot 462-8658

**Summary:** To provide the information necessary to cope and support loved one's affected by this disorder.

**Project Name: Active Summer Kids**

**Organization:** Ketch Harbour Area Residents Assoc. (KHARA)

**Contact:** Steve Farmer 868-2950

**Summary:** To enhance the awareness and promote alternatives to motorized recreation in the new parkland. This will encourage alternatives at a young which will have long-term benefits for health and well being of our children and for the preservation of our community's natural environment. This will also foster a sense of ownership and stewardship among the young people towards their parkland.

**Project Name: Adsum Staff Training: Mobile Outreach St. Health and Leave Out Violence**

**Organization:** Adsum for Women & Children

**Contact:** Ellen Helmke 422-3389

**Summary:** To advocate for women & children and meet the needs of our client by promoting their personal growth through the provision of emergency and longer term housing, programs and resources in a client-centered, non-judgmental way.

**Project Name: C.A.R.E. (Challenge Abuse through Respect Education)**

**Organization:** Canadian Red Cross

**Contact:** Lani Poce 424-1410

**Summary:** To provide information to children to prevent child abuse, by teaching children and parents the skills they need to avoid this painful experience. This program concentrates on body ownership and simple personal safety rules.

**Project Name: Spryfield Community Garden Summer Improvement Projects**

**Organization:** St. Paul's Family Resources Institute

**Contact:** Courtney O'Leary 479-1015

**Summary:** To provide materials for the community to brace the pre-existing fence to increase the safety of participants from falling materials and the safety of crops from deer and other wildlife.

