



## Summary of Successful Recipients for Funding for the 2008 Community Development Fund

**Project Name: AWEDA Holistic Environment Wellness Program**

**Organization:** All Women Empowerment and Development Association (AWEDA)

**Contact Info:** Rosamond Luke, 444-0798

**Summary:** The goal of this project is to improve the health and wellbeing of refugee and marginalized immigrant women through educational workshops and interactive group sessions to support them in their integration within the culturally diverse population.

**Project Name: Parent and Tot Program - Operation Upgrade**

**Organization:** Spryfield Lions Club

**Contact Info:** Angeline Richardson-Petley, 479-2917

**Summary:** To improve some of the current sports equipment as well as provide healthy snacks to both parents and tots. The program will create an environment for recreation and physical activity for the young children and adults.

**Project Name: Growing Together- Greystone Inclusion**

**Organization:** Urban Farm Museum Society of Spryfield

**Contact Info:** Patricia MacLean, 477-6087

**Summary:** To include the "Greystone community" in "the Urban Farm Museum" of Spryfield. The Children of Greystone Community will work in collaboration with "Urban Farm" in planting and growing food for both the communities. The focus is on gardening skills and sharing the joy of working together.

**Project Name: Seniors Preventive Healthcare through Sports Badminton and Seminars**

**Organization:** Maritime Punjab Sport and Cultural Society

**Contact Info:** Gursharan Toor, 443-7068

**Summary:** To address physical and mental health concerns facing the seniors in the Punjabi Immigrant Community through Senior's involvement in the Badminton Club. The program will also provide social support network to seniors living in isolation.

**Project Name: Nutrition, Budgeting and Cooking with Children**

**Organization:** Chebucto Communities Development Association (sponsoring organization)

**Contact Info:** Mary Martin, 868-1717

**Summary:** To promote understanding of Canada's food guide to healthy eating. This project will endeavour to teach children the importance of nutrition and healthy eating by providing them with a hands-on opportunity to learn basic skills in buying and preparing nutritious meals in the kitchen.

**Project Name : Cunard Junior High School: Nordic Walking Club**

**Organization:** Cunard Junior High School PTA

**Contact Info:** Mary Lou Buckle, 479-4418

**Summary:** To promote active living and light physical activity by engaging children and adults in Nordic walking. The focus is on mobility, cardiovascular fitness and endurance for the participants.

**Project Name:** **Persons With Intellectual Disabilities: A population at risk in N.S.**  
**Organization:** Intellectual Disabilities Service Needs Research Alliance  
**Contact Info:** Erin Power, 457-6218  
**Summary:** CWCHB is one of the many other funding organizations for this innovative research project. The goal of this project is to create a comprehensive database that will profile the characteristics, health status and other information to help individuals with ID through future research for better services and programmes.

**Project Name:** **Wii Physical Activity Program**  
**Organization:** Spryfield Lions Club  
**Contact Info:** Angeline Richardson-Petley, 479-2917  
**Summary:** To encourage physical activity for young children and adults by providing the "Wii" equipment and supportive environment to engage in fun and fitness for the Spryfield community. Healthy snacks are going to be provided too.

**Project Name:** **Improved Access to Sex Ed Information and Services**  
**Organization:** Halifax Sexual Health Centre  
**Contact Info:** Joanna Jodrey, 455-9656 x.18  
**Summary:** To design a new and better website that will be easier to navigate, contain much more content regarding sexual health, programmes and the services provided by the sexual health centre.

**Project Name:** **Eat Locally, Think Globally: NS youth Creating Links to Local Farms and Healthy Food**  
**Organization:** GPI Atlantic Society  
**Contact Info:** Gwen Colman, 489-7117  
**Summary:** This project will involve a core group of youth from Chebucto West area to initiate new, healthy, community-based food projects which will benefit farmers and residents in Chebucto West area especially the low income families. This initiative will create local food guide and maps of local food suppliers and improved access to fresh, inexpensive and healthy foods.

**Project Name:** **Physical and Educational Fire Restoration Grant**  
**Organization:** Boys and Girls Club of Spryfield  
**Contact Info:** Darlene MacLean, 477-9840  
**Summary:** To restore the Dance Dance Revolution equipment, Math, Science materials, books and other items lost during the recent fire at the Boys and Girls Club.

**Project Name:** **Website Development**  
**Organization:** Laing House  
**Contact Info:** Shaleen Jones, 473-7743  
**Summary:** To update the Laing House web site to be used as a tool for communication. The website will be used to raise awareness in the larger community in regard to youth mental health issues and the available support systems and services that Laing House offers to its clients.

**Project Name:** **CCF Outreach**  
**Organization:** Connections Christian Fellowship  
**Contact Info:** Wayne Gardner, 852-4919  
**Summary:** To enrich the physical, mental, spiritual and social wellbeing of seniors or disabled youth or adults by providing them the pleasure of music, dance and drama in group settings.

**Project Name:** Walking Guide to the Old St Margaret's Bay Road

**Organization:** Five Bridges Wilderness Heritage Trust Resource Institute

**Contact Info:** Beth McGee, 823-2245

**Summary:** To publish a Walking Guide to the Old St Margaret's Bay Road area to encourage walking and the history of the area.

**Project Name:** Cunard Junior High School Boot Camp and Yoga/Pilates Club

**Organization:** Cunard Junior high school PTA

**Contact Info:** Mary Lou Buckle, 479-4418

**Summary:** To provide the students and parents with fun filled activities during the school lunch hour, enabling participants who are not physically active to integrate fitness activity into their lives through series of workout programs.

**Project Name:** Phase II D.J. Butler Park

**Organization:** Rockingham Resident's Association

**Contact Info:** Renee Field, 445-9075

**Summary:** To support the final phase of the D.J. Butler Park upgrade and reconstruction in Rockingham area. The major part of the cost is covered by the fund raising efforts of Rockingham Residents' Association.

**Project Name:** Spryfield Community Garden Basic Needs

**Organization:** St. Paul's Family Resource Institute

**Contact Info:** Courtney MacDonald, 479-1015

**Summary:** To provide equipment, tools, seeds and other basic supplies for the Spryfield Community garden, which will be enjoyed by the area residents to grow food and get physically active during the summer of 2008.

**Project Name:** Five Bridges School Bike Program

**Organization:** Five Bridges Junior High SAC

**Contact Info:** Shelley Radford, 876-2026 ext.225

**Summary:** To promote opportunities for physical activity using a community asset that is right in our backyard...the Rails to Trails. It involves purchasing 10 bicycles to begin a biking club which provides opportunity for students to engage in a fun outdoor activity that is not only good physically, but also mentally, emotionally and socially.