



Summary of Successful Recipients for Funding for the 2006

Community Development Fund

Project Name: Improving Physical and Mental Health in the Sikh Community

Organization: Maritime Sikh Society

Contact: Dr. Sid Sodhi

Summary: This project will further identify and address physical and mental health concerns facing the second generation school aged children and first generations seniors and retirees within the Sikh community. Various activities like hiking, talking groups, creative arts and guest speakers will be used.

Project Name: Adsum Community Partnership Resource Pool

Organization: Adsum for Women & Children

Contact: Sunday Miller

Summary: This project will provide resources and referral protocol to support the residents in meeting their individual life goals. The programs offered to the women and children strive to enhance their quality of life, promote healthy choices and help them to build confidence and skills to be a healthy family.

Project Name: Ketch Harbour Parent and Tot Playgroup

Organization: Ketch Harbour Parent and Tot Playgroup Committee

Contact: Melissa Taylor

Summary: This project involves families from Ketch Harbour developing activities for a formalized playgroup for children and support group for parents. It will allow them to build on the foundation they have started and enrich it with needed supplies and expertise.

Project Name: Improving the capacity of community health interpreters

Organization: Community Health Information & Interpreting Service

Contact: Mohamed Gaal

Summary: To offer a series of professional development workshops to further enhance the training of current interpreters. The interpreters provide an invaluable service to non-English speaking clients in various health related situations.

Project Name: Spryfield Canada Day Family Picnic

Organization: Spryfield Residents Association

Contact: Kris Allinson

Summary: An initiative to bring families from all walks of life together for a community event in celebration of Canada Day. This will be an event held locally in the community, free of charge, with healthy choices and a great effort by many people and groups in the community. It will be a celebration of family, community and Canada in a healthy environment.

Project Name: Girls' Self Defence

Sponsoring

Organization: Fairview Jr. High PTA

Contact: Lori Welsh-Hawley

Summary: The purpose of this project is to provide a safe environment for girls to talk about experiences, share with each other and become knowledgeable about verbally and physically keeping themselves safe. It will involve girls aged 12-15 after school.

Project Name: Come Grow With Us- Greystone Inclusion

Organization: Urban Farm Museum Society of Spryfield

Contact: Martha Leary

Summary: Through an extension of the existing community garden at the Urban Farm, this project will allow residents in Greystone to participate in gardening within their own community. It will allow families to learn about gardening and include fresh produce in their diets with low cost.

Project Name: Community Fair for Newcomers

Organization: Metropolitan Immigrant Settlement Association (MISA)

Contact: Evelyn Jones

Summary: MISA will host a fair to provide immigrants with information about a variety of health and community-based groups and offer a cross-cultural learning and awareness for organizations. This will facilitate interaction and learning between community groups and newcomers in a fun-filled environment.

Project Name: Prospect Road Youth Horseshoe League

Organization: Prospect Road Youth Horseshoe League Committee

Contact: Shelley Thomas

Summary: This project addresses a need to increase recreational opportunities for youth in the Prospect road area, specifically a horseshoe league. Youth will gain skills in forming their own league and learn the rules of the game with assistance from existing adult league participants.

Project Name: Boys and Girls Club Physical Activity Program

Organization: Boys and Girls Club of Spryfield

Contact: Darlene MacLean

Summary: This project will provide children and youth in the area who are at a disadvantage due to social isolation, poverty and the lack of access to non-competitive recreational sports. The activities will increase their opportunity for physical activity and exposure to non-competitive team play. Co-funded with Active Halifax Communities.

Project Name: McIntosh Run Clean-up

Organization: J.L. Ilsley Youth Action Team

Contact: Marie-Rose Lesperance

Summary: Organized by students, the annual clean-up brings community together for a one day event to preserve an important waterway. This youth-drive initiative increases the awareness of conserving the environment, builds community and promotes physical activity among all ages.

Project Name: Healthy Kids, Healthy Choices

Organization: Harrietsfield Williamswood Community Centre

Contact: Sandra Oickle

Summary: To enhance the materials needed to provide quality After School Programming and Summer Day Camps. The programs provide an affordable, healthy, safe and educational environment to facilitate programming that promotes physical activity and social development.

Project Name: Greystone Park Project

Organization: Greystone Park Committee

Contact: Carla Hatcher

Summary: This ambitious project involves working as a resident committee to provide a new environment for the community to interact and take pride in their surroundings. New equipment will be purchased to further develop the work already being done by the community.

Project Name: Whole Woman Wellness Project

Organization: Indigo Project/Women's CED Network

Contact: Jennifer Melanson

Summary: This project will address the health and wellness issues of women involved in the Indigo project (women ages 18-30 participating in a skills development program focusing on personal development, life and employability skills). It will enhance basic literacy, health literacy and effective parenting skills of these women to allow them to be more successful in their lives and the lives of their children.

Project Name: **Seek It and Speak It Leadership Program**

Organization: Boys and Girls Club of Spryfield

Contact: Darlene MacLean

Summary: The activities will provide pre- teens and teens with the support, tools and expertise needed to generate support and confidence when dealing with peer pressure issues such as smoking, drug and alcohol abuse, sex and sexuality, bullying and isolation. They will use various venues such as poetry, theatre, art, music and physical activity to work through the issues.

Project Name: **Dory Rowing Safety Workshop**

Organization: Ketch Harbour Area Residents Association

Contact: Seana Brackett-Mills

Summary: The project will focus on educating all interested community members on the dory and wharf safety practices while increasing the awareness and showcasing the sport of dory rowing for leisure, fitness and competition.